

Sheep May Safely Graze

Eleventh Annual Weekend Retreat for Knitters
Mount Saviour Monastery, Elmira, NY www.msaviour.org
January 17-20, 2014, Martin Luther King, Jr., Weekend

Registration is limited to 25 overnight guests and 25 day guests. Please indicate to Penny Allen penelopeallen@hotmail.com your intention to attend and (1) If you plan to stay "on campus" or if you are local and do not need a room, and (2) If you plan to come for the optional Friday session. Penny will pool reservations made before December 15th and submit in bulk to the Guest Brother. After December 15th, reservations can be made directly to quest@msaviour.org. We have 20 signed up already.

When you arrive, you will receive a complimentary skein of monastery wool, to which you can add any extra wool you bring to make an item for sale in the monastery bookstore. (Crocheting works too!) Bring your extra wool for a "destashing" exchange.

Agenda for the 2014 Retreat:

• *(Optional Friday sessions for those arriving Thursday night - meals on your own)*

- Workshop: Carding
- Workshop: Knitting 2 socks at a time on one needle

• **Friday Evening:** Light supper and intros

• **Saturday:**

- 1-on-1 project instruction/coaching
- Workshop: Needle felting
- Workshop: Yoga
- Destashing
- Meditation, discussion & silent reflection

• **Sunday:**

- Dinner with the Monks after Sext
- Workshop: Weaving (Finger, Textured, Basic)
- Celebrations:
 - ELEVEN years of retreating together
 - Increased vocations at Mount Saviour

• **Monday:** Departure day

Cost: Price has not changed in 5 years. Checks should be made payable to Mount Saviour Monastery with a notation that it is for the Knitters' Retreat and either mailed to the monastery in advance or brought with you when you arrive.

- \$200/overnight Friday-Monday (3 nights)
- \$50 optional Thursday night
- \$150/day guest
- \$75/Saturday only day guest