

Sheep May Safely Graze

Third Annual Weekend Retreat for Knitters at Mount Saviour Monastery

Elmira, NY

www.msaviour.org

January 13-16, 2006

Martin Luther King, Jr., Weekend



Retreat. Recharge. Renew. Reflect. KNIT

Spend Friday night through Monday lunch in the beautiful rhythm of Daily Offices, praying and chanting the psalms and canticles with the monks. Roam the hills. Find your own quiet place. Visit the sheep.

Cost: \$200, including meals and lodging, \$125 for day guests. Registration is limited to 25 overnight guests and 10 day guests. Men are welcome! Send completed registration form and check to KNITTERS' RETREAT, Guest Brother, Mount Saviour Monastery, 231 Monastery Rd., Pine City, NY 14871. Checks are to be made out to Mount Saviour Monastery.

Please e-mail questions to penelopebyham@hotmail.com

Upon receipt of your registration we will send you a confirmation. We ask you to bring your scraps of wool to add to a skein of monastery wool to make a child's sweater, hat or scarf for sale in the monastery bookstore. (Crocheting works too!) At our first retreat we agreed that items left unsold for one year would be donated to needy children in the area.

We will join in the wonderful cycle of offices with the monks, and will invite them to share some thoughts with us. Also included will be meditations by retreatants, group discussion and plenty of time for knitter networking and sharing of needlework projects and ideas. Everyone helps in the preparation of and clean-up after meals.